

The UK's BIG THREE MOUNTAIN CHALLENGES:

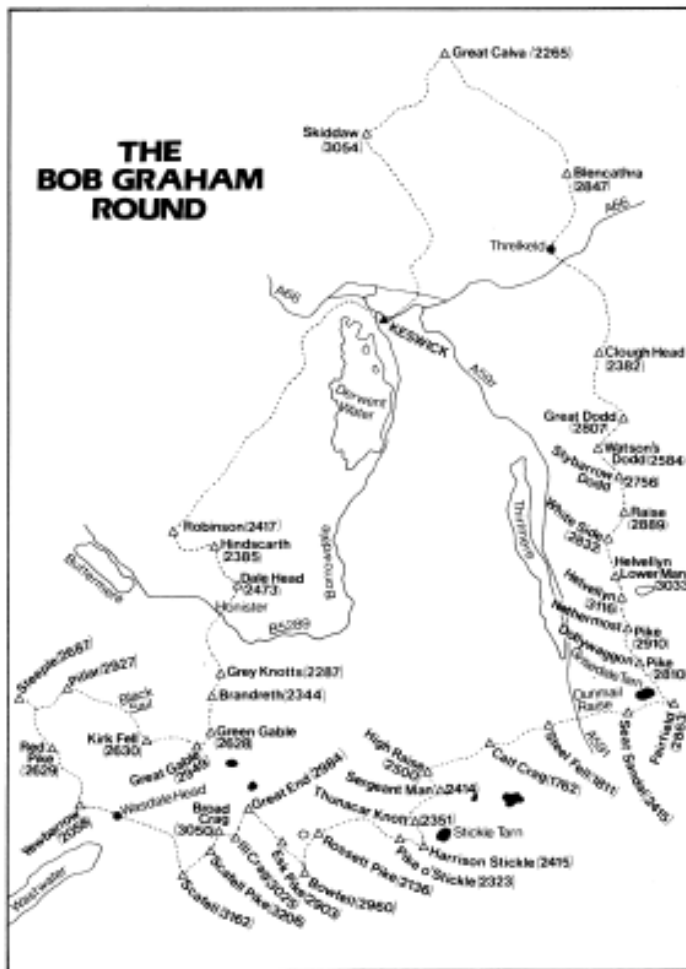
THE BOB GRAHAM ROUND 42 Peaks

Ascent 27000ft

Distance 66 miles

Bob Graham achieved his round of 42 Lake District peaks in 1932. To this day, completion of the round inside 24 hours marks a rite of passage for fell and endurance runners. It remains a stern challenge, accomplished by around 50% of those who attempt it. For Macclesfield Harriers, with its impeccable long-distance pedigree, the "BG" holds a special allure.

To date 61 Harriers have met this challenge out of a total of 2055 completers. Who is going to be next?



Harriers appear in the log for the "Lake District 24 hr record" (an extended Bob Graham). For ladies; Ann Stentiford from 1994 until 2012 with 62 peaks and men; Mark McDermott with 76 peaks from 1988 to 1997 when Mark Hartell added a further peak a record which still stands.

MACC HARRIERS BG MEMBERS

- 1980 Peter Nolan
- 1981 Alan Irland
- 1984 Nigel Robinson, Andy Thornton
- 1985 Adrian Belton, Alison Wright, Mark McDermott
- 1986 Brian Jackson John Amies, Geoff Pettengell, Mike Hartley
- 1987 Mike Lawrence, Phil Cheek, Andrew Addis
- 1988 Bob Smith, Jim Kelly
- 1989 John Axson, Anne Stentiford
- 1990 Paul Driver, Mark Hartell
- 1992 Craig Harwood
- 1994 Pete Coppack
- 1995 Richard Calder, Dave Tucker
- 1996 Dave Parry, Chris Rhodes, Margaret Huyton
- 1998 Annette Morris, Andy Ardron
- 2000 Mandy Calvert, Trevor Longman, Barry Blyth
- 2002 Roger Teagle

2003 Martin Rands, Chris Cripps
2004 Julian Brown
2005 Steve Watts, Warren Mason, Phil Janaway
2006 Dan Parker, Karen Parker, Mike Nelson
2007 Neil King, Dave Kilpatrick, Digby Harris, Ross Litherland
2008 Kirsty Hewitson, Ian Hughes, Steve Swallow, Clare Griffin, Jonathon Bradshaw
2009 Julie Gardner, Cath Litherland
2010 Larry Day, Rick Houghton, Ian Symington
2011 Jon Tatham
2015 Rob Gittins
2016 Dan Croft
2017 Carl Hanaghan, Graham Brown

PADDY BUCKLEY ROUND

47 Peaks

Ascent 28000ft Distance 61 miles

This is the Snowdonia equivalent of the BGR and generally acknowledged to be a tougher by at least an hour. Most of the round is set in the well-known areas of Snowdon, the Carneddau, the Glyderau and the Moelwynion. Paddy Buckley devised the round. Wendy Dodds was the first to complete it in 1982 in a time of 25 hours 38 minutes. The first sub-24 hour round was on 30 July 1985 by Martin Stone in 23-26. Although everyone will aim to complete the circuit in sub-24 hours no time limit is stipulated. The route may be started from any point and completed in either a clockwise or anti-clockwise direction.

To date 13 Macclesfield Harriers have been successfully out of ca 112 completers. Ann Stentiford held the ladies record from 1991 to 2006 in a time of 19-19 and Mark Hartell held the men's record from 1992 to 2009 in 18-10.

Macclesfield Harriers Paddy Buckley completers are as follows:

1988 Adrian Belton
1989 Alison Wright
1989 Adrian Belton first to include all 3000ft summits
1989 Geoff Pettengell
1990 Mike Hartley Round 3 of the British Triple (see below*)
1991 John Amies
1991 Anne Stentiford ladies record 19-19 (held until 2006)
1992 Mark Hartell mens record 18-10 (held until 2009)
1997 Richard Calder
2000 Chris Rhodes
2006 Chris Cripps
2008 Jon Chapman; Digby Harris
2014 Julie Gardner



The RAMSAY ROUND also known as the Scottish Classic

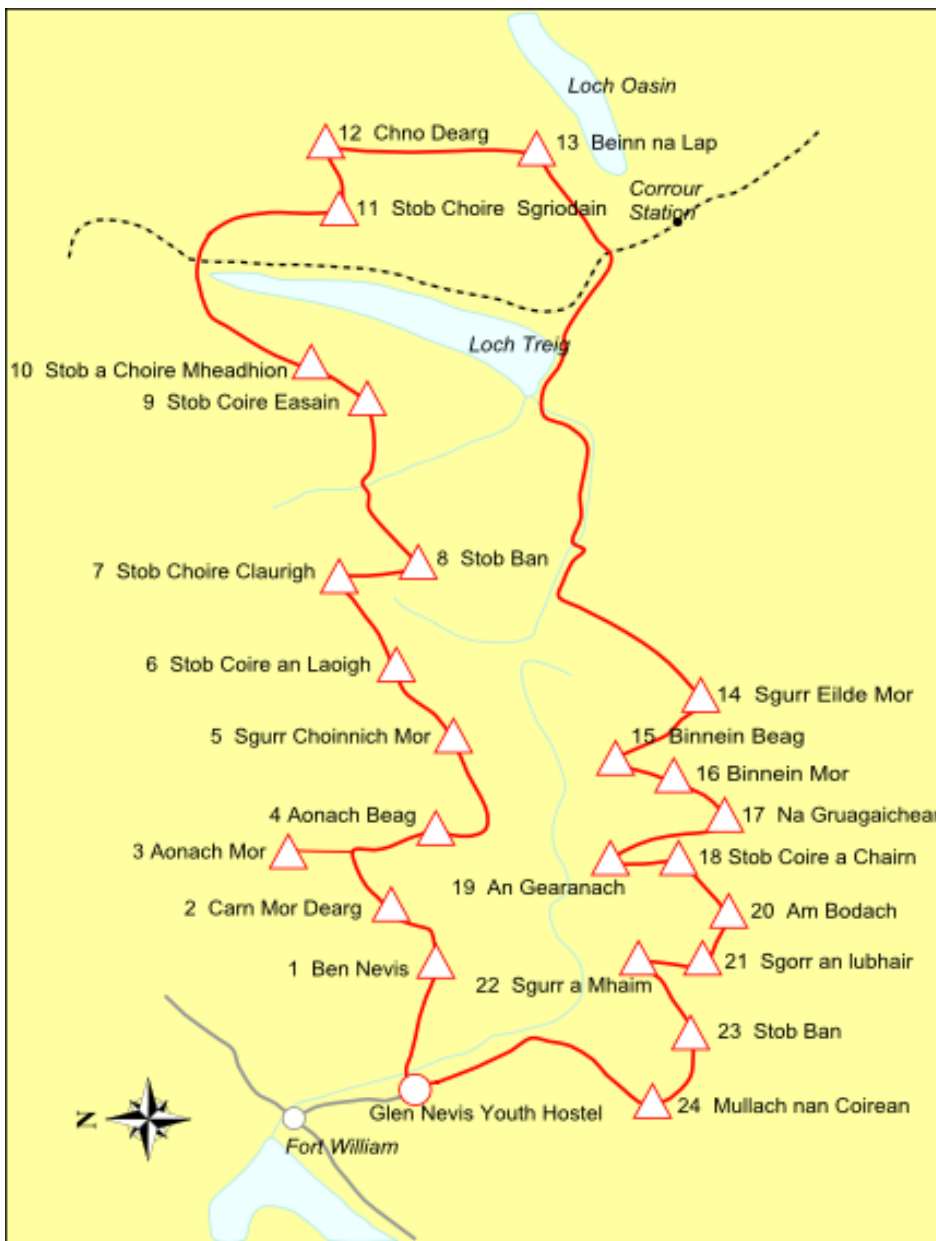
24 Munros (mountains over 3000 ft) Ascent 28000 ft Distance 66 miles

Starting from Glen Nevis Youth Hostel it takes in the Mamores, the Loch Treig munros, the Grey Corries, the Aanochs, Carn Mor Dearg and Ben Nevis. Ramsay first completed it in 1978

To date, there have been 79 successful contenders 9 of whom have been Macc Harriers. The fastest men's completion time of 18h 23m was recorded in 1989 by Adrian Belton of Macclesfield Harriers.

Macc Harriers completers of the Ramsey Round are as follows:

- 1989 Adrian Belton time of 18hr 23m Record still stands
- 1990 Mike Hartley
- 1996 Mark Hartell
- 1998 Richard Calder; Geoff Pettengell; Craig Harwood
- 2002 Chris Rhodes
- 2008 Digby Harris; Jon Chapman



Harriers who have completed all 3 rounds...

Macc Harrier Mike Hartley did **ALL 3 ROUNDS CONSECUTIVELY** some 187 mls 83000 ft 113 tops consecutively in 1990 in 3 days 14hrs and 20mins The Round times were Ramsay 21 14; BG 23 48 and Paddy Buckley 33 30.

Six other Harriers have completed **ALL 3 ROUNDS**: Geoff Pettengell; Richard Calder; Mark Hartell; Digby Harris and all 3 in 1 season (March to Sept) Adrian Belton and John Chapman.

Who's next?

As you've just read Harriers have a great tradition of taking on and conquering the UK's big three mountain challenges. So, if you're ready to throw your hat into the ring there's lots of support available, from training advice, schedules, planning, folks for reccies and of course volunteers on the day (we like a good day out in the mountains!).

Barry Blyth 9/10/17